

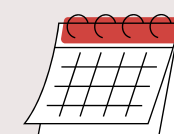


Co-funded by
the European Union



Youth Exchange

BOOST: *Your Future Skills*



17-27 of September 2026



**Argestru, Vatra Dornei,
Romania**

About the project



BOOST: Your Future Skills is a multilateral 9-day Youth Exchange organized within the Erasmus+ Programme implemented under Erasmus+ KA151 – Mobility of Young People for Accredited Organisations, bringing together **36 young participants, 8 group leaders and 2 facilitators** from different European countries.

The mobility focuses on the **future of work and the competences young people need** in an increasingly digital, interconnected and rapidly changing world. Through non-formal education, international cooperation and experiential learning, participants will explore topics such as **AI literacy, critical thinking, adaptability, digital collaboration, problem solving** and **lifelong learning**.

The mobility aims to support young people in becoming more confident, adaptable and future-ready by helping them understand emerging trends, identify their strengths and develop practical competences that can improve their employability, entrepreneurial potential and personal development.

Throughout the youth exchange, participants will engage in **workshops, simulations, discussions, intercultural activities, collaborative challenges and practical projects** designed to connect future skills with real-life opportunities and challenges.

OUR OBJECTIVES FOR THIS ACTIVITY



To equip 36 young participants and 8 group leaders with **essential future-oriented competences such as AI literacy, critical thinking, adaptability, digital productivity, problem solving and collaboration** through non-formal learning activities implemented during a 9-day youth exchange.



To support 36 young participants and 8 group leaders in **identifying their future-ready skillset and developing a personal action plan for further learning, career development and employability, increasing their self-awareness, adaptability and preparedness for a rapidly changing labour market.** By the end, at least 30% of participants will demonstrate improvement in two or more target competencies measured via pre/post mobility self-assessment and practical tasks.



To **foster intercultural dialogue, inclusion and mutual understanding by creating a safe and collaborative learning environment** where young people from diverse cultural backgrounds can exchange perspectives on the future of work, education and society while working together on common challenges and learning experiences.



To **strengthen international cooperation and expand the Erasmus+ network by developing sustainable partnerships** with European youth organizations, promoting the exchange of good practices and laying the foundations for future joint projects focused on youth employability, entrepreneurship and future skills.

PARTICIPANTS PROFILE

- aged between 18 and 26 years old;
- willing to develop/ acquire key competencies through non-formal education methods;
- eager to develop future-oriented competences including AI literacy, critical thinking, adaptability and problem-solving in order to thrive in the evolving European labour market and society;
- to commit to participate throughout the project period (preparation, implementation and dissemination);
- to be willing to participate in the learning activities implemented during the project;
- eager to develop social and intercultural competences for a better European society;
- motivated to develop participatory, tolerant and non-discriminatory attitudes through intercultural dialogue;
- motivated to apply and develop in their communities and lives the non-formal techniques that they will learn during the mobility involved and active in the work of partner NGOs;
- strong motivation for participation and open-minded attitude;
- minimum level of English;

GROUP LEADERS PROFILE

- at least 18 years old;
- team-working skills;
- good coordinator and motivator for the national team;
- to be a link between his/ her national group and the organizing team;
- good level of English; if necessary (s)he will act as a translator between his/ her national group and the other participants;
- to know and apply non-formal education methods;
- to know and apply reflection and (self)evaluation techniques to support the participants in the learning process;
- motivated to apply and further develop in their communities the non-formal methods and techniques, as well as the future-oriented competences including AI literacy, critical thinking, adaptability and problem-solving learned and developed during this mobility.

Important information

Participants with fewer opportunities who face various challenges are especially encouraged to join and will be given priority in the selection process. **At least 2 or 3 participants from each participating country** should come from backgrounds **with fewer opportunities**, such as facing economic barriers, social barriers, cultural differences, geographical obstacles or being NEETs – Not in Education, Employment or Training.

Given the focus of this mobility, **priority** will be given to **young people facing economic challenges** or those who are **NEETs**, ensuring that the exchange is inclusive and provides opportunities to those who may benefit most.

All participants are expected to participate fully in all activities.

Gender balance is required (if possible).

All participants must be citizens or residents of the sending organization country.

Working language for the project is English.



Data Protection and Privacy Notice

As part of the Erasmus+ programme, participants' personal data will be processed for the purpose of implementing, managing, monitoring, and reporting the mobility activity in accordance with the applicable European Union data protection legislation.

Before your personal data is entered into the Erasmus+ reporting platform, you are kindly requested to read the European Commission's Privacy Statement, which explains how your personal data is collected, processed, stored, and protected.

European Commission Privacy Statement

By participating in this mobility, you acknowledge that you have been informed about this Privacy Statement and understand how your personal data will be processed within the Erasmus+ programme.



Financial Support

The financial support provided under this project is granted in accordance with the **Erasmus+ Programme rules and the Grant Agreement signed with the Romanian National Agency**. All participants are informed in advance about the financial support conditions described below, which apply equally, transparently and without discrimination to all participants:

All costs related to accommodation, meals and programme activities will be fully covered by the project. All costs related to travel from the participants' place of residence to the place of activities are financed by the Erasmus+ Programme, up to the maximum amount corresponding to the applicable distance band, as calculated using the official **Erasmus+ Distance Calculator**.

Before the mobility, participants (or the sending organisations, if applicable) will purchase their own travel tickets. Participants should not buy the travel tickets before getting the approval from the hosting organization in order to make sure that the travel can be done. The travel tickets can be only bought after we confirm the flight itineraries.

The coordinating organisation will reimburse the eligible travel costs up to the maximum amount corresponding to the applicable Erasmus+ distance band, as calculated using the official **Erasmus+ Distance Calculator**, provided that all the reimbursement conditions listed below are fulfilled.

The reimbursement will be calculated using the InforEuro exchange rate applicable for July 2026, available **HERE**.



ACCOMMODATION AND FOOD

- Our participants will be accommodated in rooms with private bathroom **for 2-5 people of the same gender**. There will be two people in one bed because the beds are designed as a matrimonial bed (double bed), but rest assured that they are big enough and each of you will have her/his own blanket.
- There is mobile signal and wi-fi connection throughout the establishment.
- **No hair dryers, no fridge, no iron. No laundry service in the hotel.**

All meals (breakfast, lunch, dinner) are covered through the project and in some days we will have lunch packs. We will have our meals at the guesthouse restaurant, serving fresh eco products from country side. Dietary needs such as vegetarianism as well as restrictions such as allergies will be taken into consideration as provided in the participation form. Please be aware that the food provided may differ from what you're accustomed to, and even if we accommodate special dietary needs, it may not fully meet your expectations. Embrace the opportunity to explore Romanian traditional cuisine as part of our intercultural project.



Pensiunea Siady Vatra Dornei is a charming guesthouse located in the picturesque mountain region, ideal for youth camps. Surrounded by breathtaking mountains and pristine nature, it offers a peaceful and inspiring environment for participants to engage in outdoor activities, team-building exercises and personal development. The natural beauty of the area provides a perfect backdrop for reflection, connection and learning, making it an excellent setting for the youth exchange program.



Travel

Participants will arrive in **Cluj-Napoca**, at “**Avram Iancu**” **International Airport (CLJ)**, on 17 of September 2026.

From Cluj-Napoca airport, we will travel together to Vatra Dornei by a rented bus (the cost of the bus will be deducted from participant's travel budget, around 30 euro).

The trip will take approximately **3 to 4 hours**, so please make sure you will bring extra snacks and water for the entire journey to stay comfortable!

We are planning to leave from **Cluj-Napoca airport (meeting point) at maximum 6 pm (18:00)**. Once we have reviewed all participants itineraries, we will share additional details regarding the meeting point and departure time.

The **departure back to Cluj-Napoca Airport** will be on 27 of September 2026, **around midnight** (by the same rented bus).

Please make sure that the flight back home is **NOT earlier** than **8 AM on 27 of Septemebr 2026**.

We will travel overnight to arrive in Cluj-Napoca early on 27 of September, ensuring that those with early flights have enough time to catch them.

The departure hour by bus from project venue depends on the first departing hours from Cluj Napoca.





No Visa is required for EU citizens; participants will need to have only a valid ID card (for some countries only) or international passport. The **TURKISH and NORTH MACEDONIAN GROUPS** must check before buying the travel tickets if they need some extra documents for traveling in Romania or not. We reimburse VISA cost and exit fee for Turkish participants (maximum 100 EUR per person).

Please, check the **VALIDITY of the passport before departure** – passports **MUST** be valid at least for 6 months.

You can stay 1-2 days before/after the mobility in order to visit Romania, but you have to pay by yourself for those extra days.

Don't change too much money in the airport because almost everywhere you can pay by card.

TRAVEL DISTANCE	NON-GREEN TRAVEL	GREEN TRAVEL
10 -> 99 KM	28 EURO	56 EURO
100 -> 499 KM	211 EURO	285 EURO
500 -> 1999 KM	309 EURO	417 EURO
2000 -> 2999 KM	395 EURO	535 EURO
3000 -> 3999 KM	580 EURO	785 EURO
4000 -> 7999 KM	1188 EURO	1188 EURO
8000 KM or more	1735 EURO	1735 EURO

REIMBURSEMENT



For the reimbursement, the participants must keep ALL the **tickets, boarding passes, invoices, bank statements** and **other travel documents**.

Sustainable means of transport (hereinafter referred to as "green travel"): bicycle, bus, car-pooling and train. The cost of transportation when using means of transport in the "green travel" category is eligible if they were used for the majority of the round trip (meaning more than 50%).

Travel costs will be reimbursed in accordance with the Erasmus+ Programme rules and the approved project budget.

To be eligible for travel reimbursement, participants must:

1. Attend the entire mobility programme, actively participate in all planned activities, and comply with the programme schedule.
2. Keep and submit all original travel documents, including tickets, boarding passes, invoices, booking confirmations, and payment proofs (e.g. bank statements), as requested by the coordinating organisation.
3. Send by post any original paper tickets purchased during the journey, where applicable. Participants are strongly encouraged to purchase tickets online and complete online check-in whenever possible.
4. Complete the dissemination activities agreed with the hosting/ coordinating organisation and submit the required evidence of implementation.
5. Submit all requested travel documents within the deadline communicated by the coordinating organisation.





REIMBURSEMENT

Travel reimbursements will be processed only after all required documentation has been received from the entire national group and the dissemination activities have been completed.

The coordinating/ hosting organisation will transfer the approved travel reimbursement by bank transfer directly to the sending organisation. One transfer will be made per partner organisation, which will then distribute the corresponding amounts to the participants.

Taxi, Uber, Bolt or travel by private car are not eligible for reimbursement. Participants travelling under the Green Travel option are expected to use environmentally friendly means of transport, such as bicycle, bus, train or carpooling.

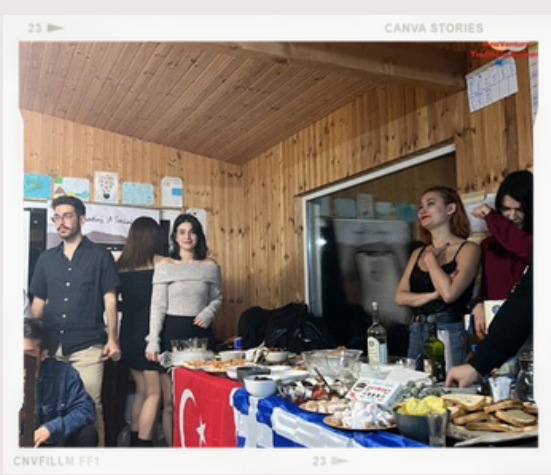
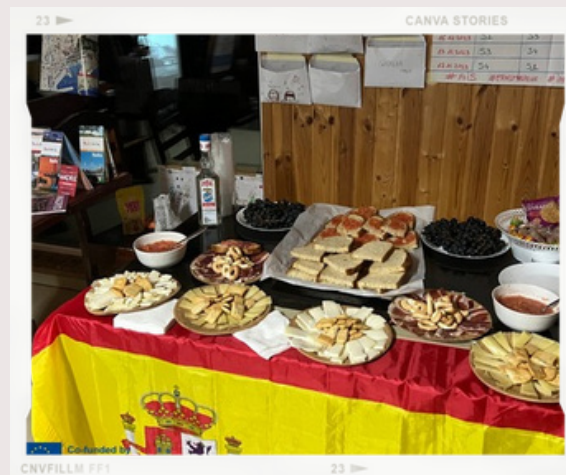
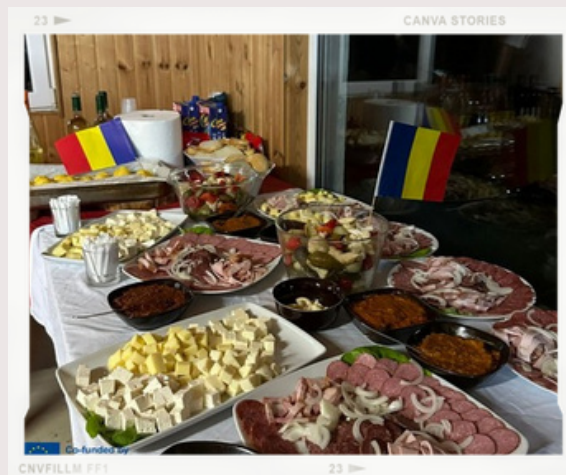
Travel reimbursements are normally processed within 3-4 months after the end of the mobility, depending on how quickly all required documents are received from all participants.

To calculate your Erasmus+ travel distance band, please use the official [Erasmus+ Distance Calculator](#).



PREPARING FOR THE MOBILITY

1. **Each national team is invited to prepare a short presentation on the future of work in their country**, highlighting the current situation of young people in the labour market, emerging trends, key future competences and the opportunities and challenges they face. The presentation should provide an overview of the national context and facilitate the exchange of experiences and perspectives among all participants. Teams are encouraged to present the specific realities, challenges and opportunities affecting young people in their respective countries.
2. Due to the mountain location, prepare yourself for **temperatures between 12°C and 14°C or lower (3°C)** during nights.
3. **It is very important to bring your necessary medication, if needed.**
4. We encourage you to bring your photo camera (not mandatory) and 2 laptops per team (you will need it also for some activities).
5. Bring your own slippers. Do not forget to take your personal hygienic products.
6. **Participants are required to have a travel insurance for the whole duration of the project.** This is required for your safety and health. Travel Insurance is not provided and will not be reimbursed by the organizers. Participants are responsible to get their own travel insurance for the duration of the project. Travel insurance is mandatory. Bringing your European Health Card is not enough.
7. Bring **some gastronomic specialties** (food and/or drinks) for the **Cultural Evenings!** We will have traditional evenings during the project. You can bring typical costumes, ornaments, leaflets, posters, flyers, food, sweets, alcoholic and non-alcoholic drinks... and so on! Also, you can show videos, photos, sing music and dance traditional dances from your countries! **Each national team must bring at least one flag of their country of origin/residence.**





INITIATIVE SOCIALE

"Initiative Sociale" Association is a NGO that **has been created in July 2012** by the founders who wish to produce changes in youth mentalities and to motivate the young generation to cooperate for a better society and to motivate them in taking initiative.

"Initiative Sociale" mission is to promote and implement non-formal programs for the young people.

"Initiative Sociale" would also like to concentrate on promoting **social economy and entrepreneurship** by offering support and providing technical assistance to youngsters who want to start a business, especially the social business initiatives.

"Initiative Sociale" earned ERASMUS+ Accreditation in the YOUTH field in 2023.

"Initiative Sociale" owe this achievement to their hard working team and their amazing partners (national and international) that support them in the pursuit of excellence in the field of youth work.

This ERASMUS+ Accreditation is the product of hard work over the years and it means more youth projects, more non-formal education, more adventures and journeys, more partnerships, more productive interactions and more fun to come!

OUR PARTNERS:

Czech Republic, Greece, North Macedonia, Portugal, Türkiye - 4
participants + 1 group leader
Hungary, Poland - 5 participants + 1 group leader
Romania - 6 participants + 1 group leader

CZECH REPUBLIC GREECE HUNGARY NORTH MACEDONIA POLAND PORTUÇAL TÜRKİYE





We are looking forward to see you in Romania!

For more general details about Romania you have to click [here](#).



@initiativesociale



/initiativesociale

If you have any questions, please contact us on the following e-mail: initiative.sociale@gmail.com or contact your sending organization.

Funded by the European Union. Views and opinions expressed are, however, those of the author(s) only and do not necessarily reflect those of the European Union or the National Agency for Community Programmes in the Field of Education and Vocational Training. Neither the European Union nor the granting authority can be held responsible for them.